You Are a Beautiful Person

The First Key to Freedom
You Are a Beautiful Person – The First Key to Freedom

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You Are a Beautiful Person

The First Key to Freedom

WILLIAM EASTWOOD

2019
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INTRODUCTION

This is the First Key to freedom from struggles, difficulties and all the negative stuff in life. If you are the type of person who would rather be on the beach in Acapulco than in rush hour gridlock in some bland city, then I can help you.

But that’s not all, in the process of showing you how to live an easy and enjoyable life, I will show you a better way of doing things in general.

Do you feel like you are in an endless loop of getting up and going through the same boring routines, working at the same stupid job, dealing with the same dramas, uninteresting people and struggling with the same insane issues day in and day out? I’m telling you it is all unnecessary.

You can be sipping margaritas with your lover and counting your money instead. And it is easy to learn how to do if you would only be open-minded and willing to give me five minutes of your time to sell you on the idea. All obstacles to success and personal and social problems can be solved easily by using this
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simple new way of approaching life and responding to problems.

This book is the pill that dissolves adversity and life and death struggles. Begone extreme emotional pain and strain! Move on to the next stage in your evolution! The First Key in particular can help you overcome the worst kinds of problems.

This philosophy is a lot different than most traditional intellectual approaches. If you’re an axe to the grindstone kind of person, you might not get it. The majority have guilt complexes and other invisible barriers that keep them in the loop and off the beach.

The old ways of approaching life are based on a misconception that makes everything way harder than it has to be. You may in fact, be making things worse by working hard. If so, would you like to know why? I’ll give you a hint. Everything interacts with everything else, including your thoughts. Your smallest thought or action affects everything and everyone.

You can learn how to use the power of your thoughts and emotions to change anything you want to fix in your life, and to get out of the drama and loop and into the dream instead.

The principles given in this book are precise. They do work. They can be relied on to attain freedom from the miseries in life we can all do without. Applying the principles given here brings immediate emotional relief so that you’ll be singing like a
songbird when you greet the sunrise tomorrow. By applying some of the kindergarten-simple principles within you can immediately begin changing difficult situations for the better. But unlike conventional approaches this is not necessarily something you roll up your sleeves and work to achieve.

This book is for everyone and is neither traditional science or religion. It is neutral, yet what you learn here can be applied to whatever worldview you hold.
William Eastwood

Full Frontal Attack

Popular TV movies typically depict a battle between good and evil. The plots will almost always depict a struggle to overcome some great evil or resistance to achieve a noble goal. When confronted by an injustice a hero rolls up his sleeves for a full-frontal attack. This is the way it has been done for untold generations.

We face reality. Off we go to work, gritting our teeth and patting ourselves on the back for all the hard work and suffering we endure to make things go our way. This doesn’t work at all. It never works, and the reason it never works is because we have all been deluded. There is no reality out there to face.

Reality is whatever we project in consciousness. There isn’t one world, there is a world for every person on earth. It’s our consciousness that forms our reality and there is no battle to be fought unless we believe there is and live by the great myth of modern man, which is of course what everyone has done. The concept of an unsafe universe and struggle to survive are our primary myths by which we organize our reality.